



Plastic Surgery Skills

Surgical Art Studio

19th & 20th June 2019

Draft Programme

Day 1

- 8.30 - 9.00 Registration & Refreshments (including skills self-assessment)
- 9.00 - 9.10 Welcome & Introductions
- 9.10 - 10.10 Skin Ellipse:
Langer's lines
Marking the ellipse
Excision
Suturing
Suturing under tension
- 10.10 - 11.10 Z-Plasty- Group 1
Split Skin Graft - Group 2
Full Thickness Skin Graft - Group 3
- 11.10 - 11.25 **Coffee**
- 11.25 - 12.25 Z-Plasty - Group 3
Split Skin Graft - Group 1
Full Thickness Skin Graft - Group 2
- 12.25 - 13.25 Z-Plasty - Group 2
Split Skin Graft - Group 3
Full Thickness Skin Graft - Group 1
- 13.25 - 14.10 **Lunch**
- 14.10 - 16.10 Skin Flaps
- 16.10 - 16.25 **Coffee**
- 16.25 - 17.45 Tendon Repair

Day 2

- 09.00 - 10.00 Perforator Flap Dissection Demonstration
 Microsurgery Demonstration
- 10.00 - 13.00 Perforator Flap Dissection Practical (Group 1)
 Introduction to Microsurgery (Group 2)
 (11.30-11.45 **Coffee**)
- 13.00-13.45 **Lunch**
- 13.45-16.45 Perforator Flap Dissection Practical (Group 2)
 Introduction to Microsurgery (Group 1)
 (15.15-15.30 **Coffee**)
- 16.45 - 17.15 Post course Self-assessment & feedback