



Surgical-Art Hand Trauma Course

Day 1

08.30 - 09.00 Registration & Coffee

09.00 - 09.10 Welcome & Housekeeping

09.10 - 09.20 Introduction to Hand Trauma - Lecture

09.20 - 09.40 Assessment of the Hand - Live Demonstration & Practice

09.40 - 10.00 Tendon/Nerve Anatomy & Exposure - Live Demonstration & Practice

10.00 - 11.15 Split in to two groups : Group 1 - Direct Nerve Repair

Group 2 - Local Flaps 1

11.15 - 11.30 Coffee

11.30 - 12.45 Split in to two groups : Group 2 - Direct Nerve Repair

Group 1 - Local Flaps 1

12.45 - 13.30 Lunch

13.30 - 13.55 Silicone Tendon Repair - Live Demonstration & Practice

13.55 - 14.25 Biological Tendon Repair - Core Suture (Kessler) - Live Demonstration & Practice

14.25 - 14.55 Biological Tendon Repair - Core Suture (Cruciate) - Live Demonstration & Practice

14.55 - 15.10 Coffee

15.10 - 15.30 Silicone Tendon Repair - Epitendinous Suture - Live Demonstration & Practice

15.30 - 16.00 Biological Tendon Repair - Epitendinous Suture (Simple) - Live Demonstration & Practice

16.00 - 16.30 Biological Tendon Repair - Epitendinous Suture (Silfverskiold) - Live Demonstration & Practice

16.30 - 17.00 Flexor Tendon Splinting - Live Demonstration & Practice

18.30 Dinner Chaophraya

Day 2

08.30 - 09.00 Registration & Coffee

09.00 - 09.10 Complex Hand Trauma - Lecture

09.10 - 09.40 Biological Tendon Repair - Extensor Tendon - Live Demonstration & Practice

09.40 - 10.55 Split in to two groups : Group 1 – Nerve Grafts
Nerve Conduits

Group 2 - Local Flaps 2

10.55 - 11.10 coffee

11.10 - 12.25 Split in to two groups : Group 2 – Nerve Grafts
Nerve Conduits

Group 1 - Local Flaps 2

12.25 - 12.55 Extensor Tendon Splinting - Live Demonstration & Practice

12.55 - 13.40 Lunch

13.40 - 14.10 Tendon Retrieval - Live Demonstration & Practice

14.10 - 15.30 Two Stage Tendon Reconstruction (including Tendon Weave) - Live Demonstration & Practice

15.30 - 15.45 Coffee

15.45 - 16.15 Pulley Reconstruction - Live Demonstration & Practice

16.15 - 16.35 Mitek Anchor Fixation (Tendon to Bone) - Live Demonstration

16.35 - 17.00 Assessments & Feedback

17.00 Course Close